

Master Gardeners of Bergen County October 2019 – mid-month update

MG meeting Tuesday, Oct. 22

1 Bergen County Plaza, Hackensack, 1st-floor meeting room. Refreshments at 7 pm; announcements at 7:20 pm; program to follow.

Our October speaker is Anne Meore, a registered horticultural therapist, who will help us understand what horticultural therapy is (and isn't). She'll broadly touch on the concepts that underlie the efficacy of this discipline and explore the many and varied settings in which horticultural therapy programs can be found.

Anne is garden projects coordinator for Bon Secours Charity Health System, Suffern, NY, and is responsible for designing and managing therapeutic garden spaces and conducting horticultural therapy programming at Good Samaritan Hospital, namely the therapeutic, accessible [Garden of Hope](#).

She holds an advanced degree in guidance counseling, a license in social work, and a certificate in horticultural therapy from the NY Botanical Garden. She owns [Planthropy, LLC](#), which serves populations with special needs through hort therapy programming and therapeutic garden design.



Anne Meore

November meeting: Tuesday, Nov. 26

Help fight hunger with a can of soup, beans, vegetables, sauce, etc.

Please bring a canned, jarred, or boxed non-perishable grocery item to our Oct. 22 meeting to be donated to the Center for Food Action, Bergen County's non-profit food bank. (You can also donate funds online.) See the list of most-needed food items on the [CFA website](#). Every little bit helps.

Coming up

A selection of meetings, events, and volunteer activities.

- Oct. 15** **7 pm, Backyard Garden Club**, sponsored by the Friends of the River Vale Free Public Library, River Vale Library, 412 Rivervale Road, River Vale. Speaker: Sarahfaye Mahon, science educator at Paramus Catholic High School. Topic: Wetlands - beautiful and beneficial.

- Oct. 15** **7:45 pm, Glen Rock Garden Club**, Municipal Annex, 678 Maple Ave., Glen Rock. Speaker: Tom Bender, horticulture expert, Thielke Arboretum. Topic: Fall plantings and easy-care spring bulbs.

- Oct. 16** **7 pm, Hasbrouck Heights Garden Club**, Hasbrouck Heights Public Library meeting room, 2nd floor, 320 Boulevard, Hasbrouck Heights. Speaker: Barbara Bel, a former "medieval gardener" at the Cloisters. Topic: Medieval gardens with historical references, poetry, paintings, cookery, etc. Refreshments at 6:30 pm.

- Oct. 16** **7:30 pm, Bergen-Passaic chapter, Native Plant Society of New Jersey**, NY-NJ Trail Conference headquarters, 600 Ramapo Valley Road (Route 202), Mahwah. Speaker: Ken Chaya, urban naturalist and NYBG instructor. Topic: Insects - their natural history and plant interactions.
- Oct. 19** **10 am-5 pm, NJ Botanical Garden/Skylands**, 2 Morris Road, Ringwood. Harvest Fest, family friendly activities include pumpkin and face painting; games; applesauce making; booths; exhibits; beer garden; food; all-day music and dancing; plant sale; and free garden tours. Parking: \$5 a car.
-

Preparing for Halloween at the Hermitage



Photo by Kathleen Sullivan

Cynthia and Ed Drennan create a “scare crone” to decorate the Hermitage, 335. N. Franklin Turnpike, Ho-Ho-Kus, for Halloween. The Hermitage is hosting two Halloween-related events. Tickets remain for these events on Tuesday, Oct. 29 only.

- ❖ Ghost tour with medium Craig McManus at 7 pm. Craig will lead visitors through the Hermitage, explaining ghost hunting from the perspective of a psychic medium. During the tour, he’ll report whether he senses anyone in spirit in the old house. Should your tour be lucky enough to encounter one of the Hermitage’s resident ghosts, Craig will attempt to communicate with it. The tour lasts approximately one hour and is not recommended for children under 14. Four tickets remain, \$40 each. To buy tickets, click [here](#).
- ❖ Ghostly gathering, also led by Craig McManus, at 9 pm. Craig will take visitors on a spooky walking tour of the old home. Room by room, floor by floor, Craig will tell visitors what paranormal presences he senses. For the last 30 minutes of the 90-minute event, visitors will sit in the enchanted parlor where Craig will use his psychic abilities to attempt to communicate with the spirits he feels reside in the old house. Not recommended for children under 16. Seven tickets remain, \$50 each. To buy tickets, click [here](#).